

SPIRITUAL LIFE JOURNEY ASSESSMENT



SPIRITUAL BELIEFS AND ATTITUDES

(1=Disagree, 2=Somewhat Disagree, 3=Somewhat Agree, 4=Agree, 5=Strongly Agree, 6=Very Strongly Agree)

I believe that nothing I do or have done can earn my salvation.	1	2	3	4	5	6
I believe the God of the Bible is the only true God – Father, Son, and Holy Spirit.	1	2	3	4	5	6
I thank God daily for who He is and what He is doing in my life.	1	2	3	4	5	6
I desire Jesus Christ to be first in my life.	1	2	3	4	5	6
I study the Bible to know God, the truth, and to find direction for my life.	1	2	3	4	5	6
I am willing to risk everything that is important in my life for Jesus Christ.	1	2	3	4	5	6
My first priority in spending my money is to support God’s work.	1	2	3	4	5	6
I give away my time to serve and help others in my community.	1	2	3	4	5	6
“Beliefs” Score						
Beginning: 0 - 16	Growing: 17-39			Christ-Centered: 40 - 48		

PERSONAL SPIRITUAL PRACTICES

(1=Never, 2=Few times per year, 3=Few times monthly, 4=Few times per week, 5=Daily)

Reflection on Scripture	1	2	3	4	5
Bible Reading	1	2	3	4	5
Prayer to Seek Guidance	1	2	3	4	5
Prayer to Confess Sins	1	2	3	4	5
Solitude	1	2	3	4	5
Tithing (1=Never, 2=A few times, 3=Occasionally, 4=Regularly, 5=Give more than I make)	1	2	3	4	5
“Practices” Score					
Beginning: 0 - 12	Growing: 13 - 24			Christ-Centered: 25 - 30	

SPIRITUAL ACTIVITIES WITH OTHERS

(1=Disagree, 2=Somewhat Disagree, 3=Somewhat Agree, 4=Agree, 5=Strongly Agree, 6=Very Strongly Agree)

I have a friend whom I talk with once a month about spiritual matters.	1	2	3	4	5	6
I have at least six conversations per year on the topic of salvation with someone.	1	2	3	4	5	6
I serve people in need on my own at least once a month.	1	2	3	4	5	6
I have at least one mentor who I meet with once a month to help me grow in my faith.	1	2	3	4	5	6
“Activities with Others” Score						
Beginning: 0 - 8	Growing: 9 - 19			Christ-Centered: 20 - 24		

ORGANIZED CHURCH ACTIVITIES

(1=Disagree, 2=Somewhat Disagree, 3=Somewhat Agree, 4=Agree, 5=Strongly Agree, 6=Very Strongly Agree)

I attend Sunday Morning Services 3-4 times per month	1	2	3	4	5	6
I lead or participate in a Life Group 1-2 times per month	1	2	3	4	5	6
I serve in the Church 1-2 times per month	1	2	3	4	5	6
I serve those in need through my Church 1-2 times per month	1	2	3	4	5	6
I teach or participate in an Journey Classes 3-4 times per month	1	2	3	4	5	6
“Church Activities” Score						
Beginning: 0 - 10	Growing: 11 - 22			Christ-Centered: 23 - 30		

TOTAL SPIRITUAL LIFE SCORE: _____

Beginning: 0 – 48; Growing: 49 – 105; Christ – Centered: 106 - 132